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The essential check list for before you set sail!

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...Your flotilla timeline!

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This guide is designed for those who have never set foot on a yacht before right through to our seasoned flotilla sailors. As we well know, you can never be too prepared for a sailing holiday.

If you are holidaying with crew who are new to flotilla sailing it is a good idea to suggest they read this Helpful Hints document. There are many things you may know that you are taking for granted, this guide will help get them up to speed with the ins and outs of setting sail for the first time. If individual crew members would like a copy of this booklet, please ask them to contact us and we will post one to them.

If you are new to flotilla sailing or sailing in general then it may seem a little daunting to think that, in just a few weeks time, you will be in charge of skippering your own yacht.

Before you step on board, we thought it would be good to go through what you can expect from your flotilla holiday, starting with:

What is a flotilla?
A flotilla is a group of 10-12 yachts, guided by one of our lead boats, with a Skipper, Engineer and Hostie on board. On your flotilla holiday you will meander around the beautiful Greek Islands in the comfort of your own yacht.

The flotilla usually consists of around 20-50 people depending on the size of boats and time of year.

What will my lead crew do?
Your lead crew are available 24/7 and are there to make sure you have the most enjoyable holiday possible!

- The Skipper will give you a comprehensive briefing each morning so you know where you are heading for that day. He/she will advise you on navigation, any hazards to watch out for and what you can expect from the weather.
- They will also be on the quay when you arrive at your destination port to direct you when mooring the yacht.

Your Hostie is a one stop shop for local knowledge! Once the Skipper has informed you where you will be sailing to that day, the Hostie will let you know what you can expect to find in that harbour. She/he is also responsible for organising any group activities throughout your flotilla such as arranging group meals, a punch party and maybe even a beach picnic.

- The flotilla Engineer is on hand to make sure your yacht is in good working order. Along with any repairs that may need attention during your flotilla, the engineer will perform other routine maintenance such as oil changes. Please go to your lead crew with any concerns you may have, they will be happy to help!

- Me and my crew are complete beginners, will we be the only ones?
Not at all! You will probably find that, on your flotilla, there will be several other crews who are new to yacht sailing. Your lead crew will be on hand to guide you through. Our yachts have been modified over the years to be really simple to operate.

The ESSENTIALS

- Passports
- Euro
- European Health Insurance Card
- Holiday Insurance Policy
- Flight Information
- Holiday Confirmation

With over 40 years of experience sailing in Greece, we like to think that we have covered most things in this guide, from what to pack to what to expect when you arrive.

www.sailingholidays.com/sailing-holidays-helpful-hints
By now you should have logged into your account via our website. Here you must enter all of the passport details for your crew. If you have not done this already, please do it as soon as possible. We cannot issue your e-tickets or prepare Greek charter papers without this information.

1. CHECK YOUR PASSPORT!
Make sure that all the passports in your party (including children’s passports, valid only for 5 years) will be valid for at least 6 months after the period of your intended stay in Greece.

If you are unsure about the validity of your passport, you can check if it will need renewing before you travel to Greece online, here: www.passport.service.gov.uk/check-a-passport

Make sure that you give yourself plenty of time if you do need to renew.
The passport office advise that it will take 3 weeks for your new passport to arrive. Our advice would be to do it sooner rather than later!

For non-UK passport holders, it is your responsibility to check your passport meets the entry requirements for Greece.

2. HOLIDAY INSURANCE
You should have this in place as soon as your holiday is booked. If you already have annual travel insurance, please check that sailing is covered. Flotilla sailing holidays are not deemed a “hazardous activity” for insurance purposes. If you would like to purchase Specialist Sailing Travel Insurance, please visit our website for more information: www.sailingholidays.com/insurance

3. MONEY, MONEY, MONEY
Before you go arrange enough Euros to get you through the first few days at least.

Order notes in denominations of 50 and less, as small village bakeries, shops and tavernas may not be able to give change for large notes.

Tavernas often require cash, as will many small shops. Some accept credit cards, debit cards and pre-paid travel cards (but you should not rely on this).

Around £35 per day should get the average adult through their holiday. ATMs are rare in most villages.

4. EUROPEAN HEALTH INSURANCE CARD
If you haven’t already got one apply now. This is free and available to all people residing in the UK. It does not replace Holiday/Travel Insurance but will be required to assist the process. The quickest way to apply is online www.ehic.org.uk.

If you already have one, please check the expiry date!

5. SAILING CERTIFICATES
If you have an ICC for Sail or practical RYA certificate (Day Skipper or higher or non-UK equivalent), please email or post a copy to us with a note of your booking number or departure date. If you have an ICC, check the expiry date.

Certificates should show your name as per passport.

Email us a copy: LaunchCrew@sailingholidays.com

You do not need a certificate to go sailing on our supervised flotilla holidays in Greece (unless you are taking a yacht 50ft or larger), but it does make our paperwork easier.
Your Sailing Holiday Packing List

What to pack when you’re going on a flotilla sailing holiday?

BOATY BITS
- Harbour Guide (that we post to you)
- Information Manual (posted to you) read this before you travel!
- Waterproof jacket (just in case)
- Sailing gloves (optional)
- RYA Log book (if you’re recording sea miles)

HOLIDAY ESSENTIALS
- Hat with strap or tie
- Sunglasses - a strap is a good idea as well!
- Swimwear
- Casual summer wear
- Flip flops/deck shoes (non-marking soles)
- Warm jumper (especially in May & October)
- Beach towel (one towel is provided per person)
- Mask and flippers (can be bought in Greece)
- Your favourite tea bags & biscuits etc.
- Books (and toys for children)
- Walking shoes if you’re going to explore on shore.

TECH
- iPod or similar and jack to jack lead (to play music on board) - AUX cable.
- Camera (with memory card and charger)
- Mobile phone & charger
- Waterproof phone case
- 12 volt (car charger) for charging devices on board
- 2 pin adaptor to charge devices in tavernas in the evening

TOILETRIES/PHARMACEUTICALS
- Sun cream & after sun
- Sea/travel sickness pills
- Insect repellent
- Anti-histamine (in case of insect bites/stings)
- Holiday first aid kit
- Any regular medication (keep in hand luggage)
- We recommend natural shampoos, conditioners and shower gels that won’t harm marine life.
- Re-usable water bottle. Can be filled at most UK airports.

WHAT WE PROVIDE:
- A life jacket
- A safety harness
- Child netting on the guard rails (under 5’s only)
- Car seat for the cockpit
- Small travel cot

THINGS NOT TO BRING
- Heeled shoes (they damage the deck and also make getting on and off the boat considerably more difficult!!)
- Dark soled shoes (these mark the deck)
- Straighteners and Hair Dryers - there is nowhere to plug them in, embrace the beach waves!
- Changing mat
- Wipes
- Mosquito repellent
- Baby friendly first aid kit
- Drinking cup
- Milk / Baby food is available in Greece. You may like to bring any specific products your baby likes
- Sterilising for bottles (there is a gas cooker on board)
- Folding buggy
- Baby carrier and sling for younger babies
- Spray water bottle to keep cool

No question is a silly question, in case you were wondering, but were too afraid to ask, these are a few things we don’t recommend bringing on a sailing holiday:

- Anything of huge value – we tend to leave the boats open in the evening as it is very safe but ‘just in case’ anything happens.
- Too many clothes... you will be in swimwear / simple clothes whilst out sailing and most people say they wear much less than they bring.
What’s on board your yacht?

We’ve tried to think of everything you could possibly need. There are mini markets at each base. Here are some items that you will find on board upon arrival:

- **Starter pack** - bottle of water, milk, a few tea bags, coffee and sugar sachets, a bin liner and one roll of toilet paper.
- **Linen** - pillows and pillow cases, duvets and duvet covers, sheets (if you are sailing for more than one week you will have a change of linen), a bath size towel per person, two hand towels and tea towels. We recommend bringing another towel per person with you for use after swimming.
- **Cone shaped coffee filters** (but not the paper filters which are available locally).
- All yachts have radios that accommodate a jack to jack lead connection, bring an appropriate lead. Some have bluetooth.
- **Life jackets** - all yachts are equipped with Greek Regulation life jackets for every berth on board. See page 30 of your Information Manual for more details.

WHEN YOU ARRIVE

Our lead crew will meet you from the coach and show you to your yacht.

A basic briefing will be given at that time, on things like the heads (toilet), the lights and anything else that may be required during your first night. Most people have had a fairly long day, once your baggage is aboard, we suggest you make your beds then relax.

The skipper of each boat should ensure that all the equipment on the inventory list is on board and make sure there is a life jacket and safety harness to fit every member of the crew.

Have a good look around the yacht and don’t be afraid to ask about anything you are unsure of. The following morning, in a quayside taverna, a comprehensive briefing by the skipper, engineer and hostie takes place, covering all aspects of the holiday.

OUR CREW

Lead crew and shore based staff want every cruise to start off as well prepared as possible. You should have a trouble-free holiday but, if any problems do occur, however minor, please inform your lead crew as soon as possible so that they can attend to them. The essence of our holidays is relaxation, your flotilla crew will remain as unobtrusive as possible. Please remember that they have a good knowledge of the local area and the skipper will quickly assess your sailing ability. They are there to help and advise when required.

OTHER THINGS ON BOARD

You will find a cotton bag and a Sailing Holidays chartlet that you can take home with you.

A fitted bimini sun awning is provided, so you can have shade even whilst sailing. Conventional sun awnings, for use when moored, will also be on board.

SAILING GUIDES

Each yacht will have its own Imray charts and pilot book.

We also provide our own Flotilla Harbour Guide and an Information Manual for you to use on your holiday and keep as souvenirs afterwards.

The Flotilla Harbour Guide will be posted to you upon receipt of your final payment. Don’t forget to bring it with you on holiday!

The Information Manual will be posted to you with your Harbour Guide. It is essential that you read this as it contains some very important information.

FIRST AID

All yachts have a first-aid kit on board that will usually suffice for day to day bumps and scrapes i.e. minor cuts. Please replace anything you use from this.

There is a comprehensive first aid kit for more serious problems on our lead boats and our lead crew are there to help.

The lead crew are not able to provide pharmaceuticals. However, the pharmacies in Greece are very well stocked.

FLYING GUIDES

Each yacht will have its own Imray charts and pilot book.

We also provide our own Flotilla Harbour Guide and an Information Manual for you to use on your holiday and keep as souvenirs afterwards.

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MINOR LOSSES & BREAKAGES

If you lose or break any of the yacht’s equipment please inform one of the lead crew.

We understand that things do get broken and lost, but we have no wish to allow these minor mishaps to affect your holiday.

You need to ensure everything is stowed before you leave harbour to avoid breakages.

SHIP SHAPE

For those of you who haven’t spent much time on a yacht, you will find that life is much easier if you spend a few minutes each day tidying/cleaning up. Keeping ‘ship shape’ means the final clean up is much quicker.

We provide environmentally friendly cleaning materials to help look after the local sea life. We ask you to leave your yacht clean like it was when you first arrived.

WE UNDERSTAND THAT THINGS DO GET BROKEN AND LOST, BUT WE HAVE NO WISH TO ALLOW THESE MINOR MISHAPS TO AFFECT YOUR HOLIDAY.

SEA SICKNESS

We experience very little swell, so sea sickness is seldom a problem. Even if a lively day’s sailing is forecast, travel sickness tablets are excellent and some people use travel sickness wristbands.

MOBILE PHONES

Most people bring mobile phones. Check with your service provider about the cost of using it in Greece. Please make sure that you give your mobile phone number to our lead crew, as they are excellent additions to inter-yacht communications.

Make sure you have your phone on you at all times in case your lead crew need to get in touch! A waterproof case is ideal!

WIFI

Wifi is available at most tavernas.

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Most people bring mobile phones. Check with your service provider about the cost of using it in Greece. Please make sure that you give your mobile phone number to our lead crew, as they are excellent additions to inter-yacht communications.

Make sure you have your phone on you at all times in case your lead crew need to get in touch! A waterproof case is ideal!

WIFI

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Yacht Inventory Guide

**GALLEY CUPBOARDS**
- Glasses
- Mugs
- Coasters
- Egg cups
- Dinner plates
- Side plates
- Bowls
- Shopping board
- Colander
- Cheese grater
- Salad bowl
- Food containers
- Saucepans
- Frying pan
- Tea/Coffee pot
- Cone shaped coffee filter
- Kettle
- Fly swat
- Dustpan and brush
- Rubbish bin

**GALLEY DRAWERS**
- Cutlery tray
- Knives
- Forks
- Dessert spoons
- Teaspoons
- Bread knife
- Vegetable knife
- Salad servers
- Fry slice
- Wooden spoon
- Tin opener
- Corkscrew/bottle opener
- Scissors
- Gas lighter (cookers with red button don’t need this)

**SALOON**
- Linen bag containing:
  - 2 Tea towels
  - 2 Hand towels
  - Bath size towels (one per person)
  - Duvet covers
  - Sheets
  - Pillow cases
- Mosquito nets
- Wind scoop
- Fire extinguisher
- Safety harnesses & lines
- Life jackets
- Floating safety light
- Clothes pegs

**SINK AREA**
- Washing up liquid
- Washing-up bowl
- Non abrasive cleaner
- Cloths
- Fire blanket

**HEADS (WASHROOM)**
- Toilet brush and holder
- Toilet cleaner
- Bin for toilet paper

**ON DECK**
- Horseshoe Lifebuoy
- Boat hook
- Deck Scrubber
- Genoa
- Mainsail
- Flag - Greek
- Flag - Red Ensign
- Flag - Sailing Holidays
- Bow anchor, chain and warp
- Stern anchor, chain and warp
- Mooring warps
- Winch handle
- Fenders
- Bimini sun canopy
- Bimini cover
- Cockpit cushions

**CHART TABLE AREA**
- VHF radio
- Sailing Guide - Rod Heikell
- Imray Chart
- Sailing Holidays Chartlet (for you to keep - Ionian only)
- Chart plotter
- Parallel rule
- Dividers
- Pencils and Rubber
- Pencil sharpener
- Hand bearing compass
- Torch
- Binoculars
- First aid kit
- Flare pack
- Fire extinguisher
- Smoke alarm
- Tool kit containing:
  - Knife
  - Pliers
  - Screwdriver
  - Adjustable spanner

**COCKPIT LOCKERS**
- Sun awning
- Liferaft
- Dinghy
- Dinghy pump
- Oars
- Bucket with rope
- Water funnel
- Diesel funnel
- Water container
- Diesel container
- Spare warps
- Gas bottle(s)
- Fire extinguisher

**CABINS**
- Pillows
- Duvets
- Coat hangers

**EXTRAS (if ordered)**
- Outboard & petrol container
- Cruising chute
- SUP (stand up paddleboard)
- Travel cot
- Car seat

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You will find an inventory check list on your chart table. It is a good idea to run through this to check you have everything. It is your responsibility to ensure you know where everything is.

If you are missing anything please let your Hostie know before you leave your start base.
Travelling to Greece

From getting to the airport in the UK to how long the transfer takes once you arrive. If you have any questions regarding the information below please contact our Launch Crew:

Phone: 020 8438 1122 or Email: LaunchCrew@sailingholidays.com

If you are making your own way to one of our yacht bases at the beginning of your holiday, please call our Launch Crew on the number above to discuss your joining arrangements.

TRAVEL IN THE UK
Please try to be at the departure airport to check-in two hours before the time of your flight.

Travel wallets, luggage labels, Information Manual and Harbour Guide will be posted to you once you have paid your final balance.

YOUR E-TICKETS
E-Tickets for different regions are sent out at different times (and only after you have entered all passport details):

**Ionian Islands:**
Two weeks before departure

**Saronic Islands:**
Thursday prior to your departure

**Sporades Islands:**
Monday prior to your departure

TRAVELLING TO THE AIRPORT
Simply visit the websites below to find up to date information on how to get to the airport you are travelling from:

**GATWICK AIRPORT**
www.gatwickairport.com

**HEATHROW AIRPORT**
www.heathrowairport.com

**MANCHESTER AIRPORT**
www.manchesterairport.co.uk

**BIRMINGHAM AIRPORT**
www.birminghamairport.co.uk

**BRISTOL AIRPORT**
www.bristolairport.co.uk

AIRPORT HOTELS AND CAR PARKING
It is usually best to pre-book your airport parking and hotels. We work with Holiday Extras, who offer a great choice of Parking, Hotels and Lounge options at competitive prices. Simply click on the link “Book airport Hotels & Parking” on your Holiday Confirmation.

TOP TIP
Use a soft hold-all rather than a solid suitcase, as it will be easier to store on board.

LIFE JACKETS AND HAIR STRAIGHTENERS...
We provide everyone on board with a life jacket. Don’t panic, this is only in case of emergencies and they are very rarely used.

If you prefer to take your own self-inflating life jacket, that requires gas cylinders, you are required to get approval from the airline prior to flying. You must inform the staff at check-in where in your luggage they are packed.

The gas canisters must meet the CAA required standards. It is your responsibility to check this and to inform the airline that you are planning to travel with them. They will inform you as to where and how to pack them.

Other items such as butane gas hair straighteners must be in check-in baggage.

FLYING WITH AEGEAN
If you need to request a special meal, due to dietary requirements, we need to know at least one week before your departure date, any later and they may not be available. For 2019, only flights with Aegean Airlines include an on board meal.

FLYING TO GREECE
Flights to Greece take around three hours. Greek time is always 2 hours ahead of British time. All times given on your itinerary and tickets are local.

HAND BAGGAGE
Each airline has its own hand baggage size, weight and quantity rules and these can change, so please check with the relevant airline you are travelling with.

ARRIVING IN GREECE
When you arrive in Greece, after collecting your bags, you will be met by one of our airport representatives and a (usually much needed) bottle of water.

APPROXIMATE TRANSFER TIMES
ARRIVAL IN PREVEZA (Ionian Islands):
1 hour 20 minutes by road

ARRIVAL IN KEFALONIA (Ionian Islands):
1 hour 20 minutes by road

ARRIVAL IN CORFU (Ionian Island):
15-20 minutes by road

ARRIVAL IN ATHENS (Saronic Islands):
2 hours 30 minutes by road

ARRIVAL IN ATHENS (Sporades Islands):
2 hours by road, 1 hour by ferry

Flight Details

On your booking confirmation you will find your airline, flight number and flight time. A lot of this information varies depending on your airline so double check your booking confirmation to ensure that you know who you are flying with.

FREQUENTLY ASKED QUESTIONS
For information on the following:

- Luggage allowance
- Online check-in information
- How to purchase extras
- Booking extra leg room seats

Email our Launch Crew on LaunchCrew@sailingholidays.com and they will be able to point you in the right direction.

API INFORMATION
We will need your Advance Passenger Information, until we receive this we cannot issue your e-ticket. You can input these details via the online portal on our website.

If you notice any of your crew details are incorrect please contact our Launch Crew who will be able to arrange for these to be amended.

Please make sure that you do this as soon as you spot a mistake. It is your responsibility to check this, there will be a fee for correcting names.

FLIGHT TIMES
For your most up to date flight times please check our online portal. From here you will find your booking confirmation with your flight details on. If for any reason you are unsure of your flight information, please get in touch with us on: 020 8438 1122.
EATING OUT
Eating out in local tavernas in the evening is the norm. Tzatziki, delicious grilled seafood, fresh Greek salads are some of our favourite dishes, along with a number of traditional main course options - all washed down with a cold beer or local wine.

LOCAL FAVOURITES
From national favourites like Moussaka (an aubergine based lasagne-style dish) - a firm favourite amongst our team, to local Island specialities that vary from port to port. Fish or lobster are delicious but are often served by the kilo so it is always a good idea to check the prices.

Moussaka or meat dishes with local herbs and garlic are delicious and tend to be the easiest on the pocket. Check out our typical Greek Taverna Menu opposite... just a small sample of some of the terrific dishes you’ll have the opportunity to try whilst on holiday. If we are missing your favourites let us know.

TEMMPTING TIPPLES...
The most popular drinks are ice cold beer (lager) and local Greek wine. NOTE: Retsina (wine flavoured with resin) is definitely an 'acquired taste'! Don’t say we didn’t warn you...

In Greece it is best to use bottled water for cleaning your teeth and for all drinks, including tea and coffee. To avoid dehydration, whilst it is hot, make sure you drink plenty of bottled water throughout the day.

Most people adapt to the local beverages quite easily! If you like specific brands of drinks to enjoy on the boat, it is a good idea to bring a supply with you, as certain spirits can be expensive. We personally recommend picking up a bottle or two of your favourite gin for on board sundowners. This sailing can be thirsty work!

Greek Lifestyle

STARTERS
Tzatziki - Yoghurt, cucumber and garlic dip
Taramosalata - Fish roe dip
Spanakopita - Spinach pie
Saganaki - Fried cheese
Gigante Beans
Bread is served with every meal

MAIN COURSES
Kleftiko - Slow roasted lamb with herbs and potatoes
Stifado - A beef stew, made with onions and wine
Souvlaki - Skewers of cubed meat grilled with herbs
Moussaka - Aubergines, baked with minced lamb
Keftedes - Meatballs - flavoured with herbs and spices
Arni Souvlas - Lamb on the spit

FISH
Barbunia - red mullet - charcoal grilled
Kalamari - Squid - fried in olive oil
Sword fish steak

SALAD
Greek - Feta cheese, tomato, cucumber, pepper, onion

CHEESE
Feta - Goat’s milk feta is white, crumbly and quite salty
Graviera - A pleasantly mild corruption of Gruyere

DESSERTS
Baklavas - Filo pastry with chopped nuts and honey
Yiaourita - Locally made Greek yoghurt (great with honey)
WEATHER IN THE GREEK ISLANDS

Your skipper will give you a weather forecast every morning. Most days will be shorts and T-shirt weather. Generally, summer days are hot and sunny, the wind pattern predictable.

The normal day starts off with a light wind, which fades away in the early morning to be replaced in mid afternoon by the local prevailing wind. There are variations in the strength and direction and the nearby islands can also effect the wind patterns.

During the summer the Greek Islands are very hot and this can occasionally lead to short evening thunderstorms (half hour or so), so we suggest you take a rain jacket.

The majority of local people you will meet understand and speak some English, but they still appreciate your attempts to communicate in their language, even if purely for the amusement!

YASS-OU - a friendly way of saying Hello
EF-HARISTO - Thank you
YAMMAS - Cheers
KALI MERA - Good morning
KALI SPERA - Good evening
KALI NICTA - Good night
POSO CANEY? - How much?
NEH - Yes
OCHI - No

WEATHER - AVERAGE TEMPERATURES

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FOOD SHOPPING

Most of the harbours we visit have mini markets, which are a bit like old fashioned grocery shops.

Your hostie will let you know if you are going to a place where there is no shop.

Most harbours will also have a bakery - a popular choice with flotilla sailors! You'll be addicted to the spinach and feta pies before you know it...

SPECIAL DIETARY REQUIREMENTS

If you require a certain product and are unsure as to whether or not it will be available in Greece e.g. soya milk, wheat free bread, please contact us. Gluten free options are not as readily available as in the UK. Your hostie will be able to advise you further on which shops and tavernas offer the best options.

THE SUN

We know there is no better feeling than the warmth of the sun on your skin...especially after a long cold winter in the UK! We do however suggest you try not to overdose on good old Vitamin D, especially in the first few days of your holiday.

The sun reflecting off the water means you pick up a fantastic tan on a sailing holiday. The downside is that you are more likely to get burnt if you are not careful, especially with the cool sea breeze that can make the sun feel far less strong.

The most common type of cancer within the UK is now skin cancer. We encourage you to pack a hat with a strap / tie, sunglasses and sunscreen of SPF 30+!

Electrolyte sachets are always good to have on board to help with rehydration.

EATING OUT WITH CHILDREN

All the tavernas in Greece are child friendly! They understand that children can be a little less adventurous when it comes to the local specialities and are usually more than happy to accommodate any special requests (translation permitting).

That said the traditional Greek menu offers a number of child friendly options we have found popular for even the fussiest of customers...

For children who may not be keen to try Greek dishes (particularly when there are tentacles involved), all tavernas offer chicken souvlaki (kebabs) or roast chicken with chips, lamb/pork chops, spaghetti bolognese and often pizza.

IT’S ALL GREEK TO ME...

The most common type of cancer within the UK is now skin cancer. We encourage you to pack a hat with a strap / tie, sunglasses and sunscreen of SPF 30+!

Electrolyte sachets are always good to have on board to help with rehydration.

EATING OUT WITH CHILDREN

All the tavernas in Greece are child friendly! They understand that children can be a little less adventurous when it comes to the local specialities and are usually more than happy to accommodate any special requests (translation permitting).

That said the traditional Greek menu offers a number of child friendly options we have found popular for even the fussiest of customers...

For children who may not be keen to try Greek dishes (particularly when there are tentacles involved), all tavernas offer chicken souvlaki (kebabs) or roast chicken with chips, lamb/pork chops, spaghetti bolognese and often pizza.

FOOD SHOPPING

Most of the harbours we visit have mini markets, which are a bit like old fashioned grocery shops.

Your hostie will let you know if you are going to a place where there is no shop.

Most harbours will also have a bakery - a popular choice with flotilla sailors! You’ll be addicted to the spinach and feta pies before you know it...

SPECIAL DIETARY REQUIREMENTS

If you require a certain product and are unsure as to whether or not it will be available in Greece e.g. soya milk, wheat free bread, please contact us. Gluten free options are not as readily available as in the UK. Your hostie will be able to advise you further on which shops and tavernas offer the best options.

WATER - AVERAGE TEMPERATURES

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A typical day on a Sailing Holidays flotilla

RISE AND SHINE
Your morning briefing will usually be held at around 9am in a waterfront taverna. Your lead crew will let you know your next destination and what to expect when you get there.

MORNING BRIEFING
The wind tends to be a little better in the afternoon so, once you have polished off your lunch and lifted the anchor, you can unroll the sails and start making your way to your evening destination.

PROVISIONING
Most of our flotilla sailors choose to find a bay en-route. Here you can drop your anchor, have a swim and enjoy lunch on board.

CAST OFF!
As when casting off from the quay, your lead crew will be there to help you moor. Call them on your VHF Radio and they will instruct you as to how they wish you to enter the harbour. They will talk you through every element of the mooring process.

MORNING SAIL
The wind tends to be a little better in the afternoon so, once you have polished off your lunch and lifted the anchor, you can unroll the sails and start making your way to your evening destination.

BAY STOP
There will be plenty of time to relax once you have arrived in harbour. You can spend your afternoon walking around the village or head to a beach for a swim. Your lead crew may organise a group activity for the evening such as a group meal or a punch party (these are all optional).

AFTERNOON SAIL
This is just a rough example of what your day on a Sailing Holidays Flotilla may look like. This is your holiday so you can tailor-make it to suit you and your crew.

MOOR UP
Time to call it a night and get ready to do it all over again tomorrow!

BED TIME!
People generally then use the rest of the morning to provision their yacht with lunch supplies etc. Your lead crew will have let you know if there are no shopping facilities at your next destination so you can pre-plan.

GROUP MEAL OR DO YOUR OWN THING
This is just a rough example of what your day on a Sailing Holidays Flotilla may look like. This is your holiday so you can tailor-make it to suit you and your crew.

20 21
Shore to Sail information - Ionian Islands

ACCOMMODATION IN THE FIRST WEEK
If you are shore based for the first week then you will also be met at the airport by our Sailing Holidays representatives. If you have hired a car, they will introduce you to our car hire representative, and provide a map and guidance to your accommodation which should be ready by 1pm.

At the end of your week on shore you need to check out of the accommodation by 11am. You will have use of your car until 1pm. You can choose to drop it back at the airport and join our transfer to your yacht, or drive directly to our yacht base and have the car collected from there.

On arrival please make yourselves known to our staff. Your yacht will be ready at 1pm at the earliest, so we suggest you arrive after this time.

SAILING IN THE FIRST WEEK
If you are on flotilla for your first week, our Sailing Holidays representatives will meet you at the airport and show you to your coach for the transfer to your yacht.

At the end of your flotilla you will leave the boat at 8:30am.

If you have hired a car it can be delivered to our sailing base at lunchtime, at which point your accommodation should be ready.

At the end of your week on shore you are expected to return the car to Preveza Airport in time for your flight.

* Rental car pick up and drop off fees may apply to some sailing bases.

TRANSFERS
When staying at the IRIS HOTEL transfers between your accommodation, our sailing bases and the airport are INCLUDED.

If you are staying at The SALVATOR SPA HOTEL transfers are NOT INCLUDED.

If you have chosen not to hire a car, we can arrange taxis on your behalf to transfer you between your accommodation, our sailing bases and the airport. These ‘one off’ transfers are at your own expense and need to be pre booked. Minimum one-way cost is approximately €90 per taxi.

If you are staying at VILLA MEANDROS transfers are included to and from Sivota. Your car hire will be available for pick up from Sivota or Preveza airport. You can then drop off at either of these locations at the end of your stay. We will need to know in advance where you will be dropping off your car hire so that we can inform the hire company.

FIGURE OF EIGHT:
Quick and easy to tie. Commonly used as a stopper knot at the end of a warp, main or genoa sheet.

BOWLINE
This knot forms an eye on the end of the rope. It is the most commonly used knot because it is very secure, but easy to undo even when wet. Practice this one!

REEF KNOT
If wrongly tied it’s a Granny knot and will not hold. Left over right, right over left is correct. Its main use is securing the mainsail to the boom when reefing, as the name suggests.

CLOVE HITCH
Quick and easy to tie. Usually used for tying on fenders to the guard rail, with an extra half hitch for good measure.